

## **FREE online support services for parents of eligible Title I students in all Islamic schools**

Catapult Learning, the Islamic Schools Association and the New York City Department of Education are teaming up to support you! We have created a new free service that will guide and support parents in dealing with behavioral, academic, social and emotional issues impacting their child's academic progress. Programs have been specifically designed to equip parents with the tools they need to help children meet the ever-increasing demands of school.

### **DO YOU WANT ACCESS TO TOOLS THAT WILL HELP YOUR CHILD SUCCEED?**

#### **Examples of Individual and Group Counseling Topics**

- Helping your child adjust to virtual learning
- Parenting skills: managing home behavior
- Time management: strategies and study skills
- Understanding child development (ex. transition from Junior High to High School)
- Social skills: self-esteem, peer pressure, bullying
- Working with school admins and teachers
- Helping your child become a confident and engaged student
- Identifying academic community resources
- Grief and trauma
- Family transitions

#### **Examples of Workshop Topics**

- COVID Anxiety: How to help your child cope with anxiety at home
- Creating routines and schedules
- Helping Children Succeed: Building Confidence and Motivation
- Anger Management: Raising Emotionally Intelligent Children
- Parenting: Bullying and What Parents Can Do
- Positive and Practical Parenting
- Parenting Skills to Raise Responsible, Mature Children
- Organizational Skills/Homework Strategies

Eligibility: Current Title I student at eligible school

**For more information and services, please contact your school's administration or the counselors**

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