

Catapult Learning

Title I Counseling Services 2020-21 School Year

Counseling services are available to all students eligible for Title I and will be provided by a licensed School Counselor.

During individual and/or group counseling sessions students will receive support to address social-emotional and behavioral concerns that may be hindering a child's academic achievements. Areas of focus may include:

- Developing good work habits
- Organizational and study skills
- Stress management
- Building self-esteem and confidence
- Coping skills and managing difficult emotions
- Controlling impulsive behaviors
- Peer conflicts and conflict resolution strategies
- Motivation and growth mindset

Most sessions will take place after school hours in the afternoons and evenings.

* All sessions will be done remotely until further notice. *

To discuss your child's specific needs, please contact Ms. Susannah Meaney:

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